

**5 Minutes  
to GREAT Putting**

the  
**PUTTING  
GAME**

**Improvement  
Program**

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## Introduction

The main part of this putting improvement product is called The Putting Game Improvement Program. And that main PDF is 226 pages in length and consists of 16 weekly lessons.

**It is a very, very comprehensive program that will help you to become a great putter.** But that program was delivered to my students of the Consistent Golf School over a 16 week period. So by getting everything at once you may feel a bit overwhelmed.

To prevent that from happening I'm going to offer you a couple of suggestions. The first is to only do one lesson a week because that's the way the program was designed. The second suggestion is to do the quick tips in this program to start improving your putting straight away. Because when you do that you'll be motivated to carry on the improvement by using the main part of the program.

So let's make a start at improving your putting quickly...

## Improve Your Putting Quickly By Doing These 3 Simple Things...

When you look at putting from a purely technical point of view there's only 3 things you need to get right to putt well. They are...

1. Reading the greens to determine what is the best line for the speed you're going to use to putt with
2. Starting the ball on the line you want consistently.
3. Hitting putts consistently with the speed you want.

To help you improve in each of those I'm going to offer you 3 quick suggestions that will help you to improve your putting straight away.

### Improve Green Reading

There's complete systems that promise to help you read greens better. But I believe one of the best ways you can improve your green reading is to use your creative mind.

Here's an example of this. Let's say you're faced with a 15 footer on the 1<sup>st</sup> green to save par. You stand behind your ball trying to figure out how your ball is going to break. And most times when golfers do this they use

there conscious mind to analyze everything which is fine but what if you use your conscious mind in a creative way. Here's what I suggest you do instead....

When you're standing behind a putt like the 15 footer example I've given you... imagine a little trench that your ball will roll along to go in the hole. Or imagine a railway track from your ball to the hole. Or imagine a long tunnel from your ball to the hole.

Now when you do this your mind will not do a straight line from your ball to the hole. It will show a curve and the curve will take into account the break you need to allow for. **Or in other words, you will be reading the greens without really trying to.**

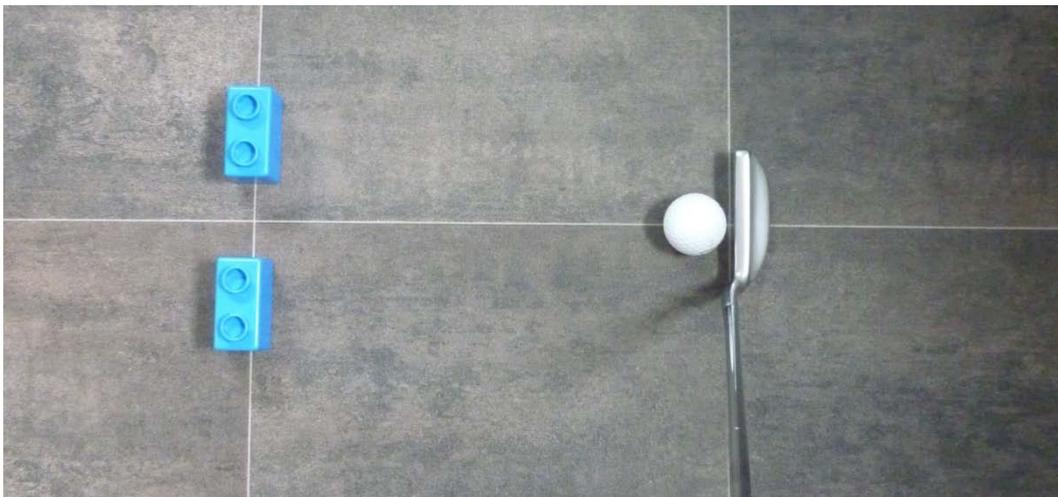
Try this the next time you go out to play golf and see the difference. But before you do that make sure you do this simple drill...

### **Improve Your Starting Line Consistency**

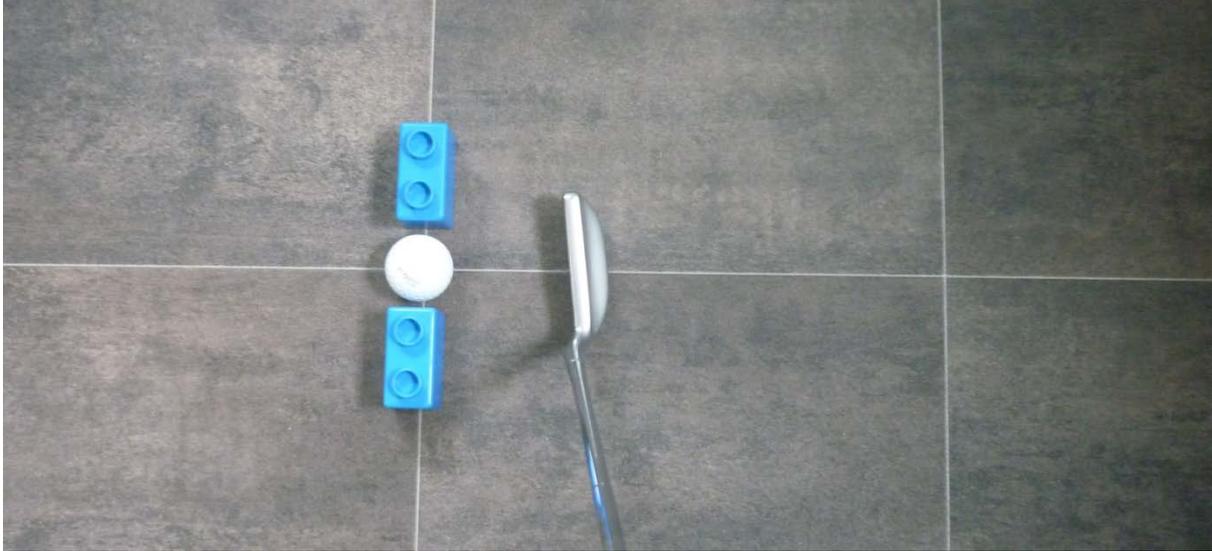
If you use the previous green reading suggestion you'll have a starting line in your mind that you need to start your ball on so it will roll along your imaginary track, ditch or through the tunnel or whatever else you're imagining. So the next thing you need to be able to do is start your golf ball on the line you want consistently.

To help you do this here's a very simple but effective drill...

Get your putter, a golf ball and some object or objects that you can place about a foot in front of your golf ball that will form a gate for the ball to go through. Here's an example of this...



As you can see, the blocks are very close together so that a golf ball can just fit through. Once you have something like this setup then simply putt through the gate and set a goal of getting 3-5 balls in a row through the gate.



Once you do that, then move the gate to about a foot and a half away from you and repeat. Finally, do the same thing with the gate about 2 feet away from you.

When you can get 3 – 5 balls in a row through the gate at each distance then you will have confidence that you can consistently start your putts on the line you want and confidence is HUGE in putting success so doing this will help you a lot.

However, it's no good being able to read the greens better and starting your ball on the line you want unless you can have good distance control. So that's what we're going to look at improving now...

## **Improve Your Distance Control**

Let's recap what we've covered so far. On each putt you'll have a creative image that will help you to read the greens. Then you'll be able to start the ball on the line you want by practicing with the previous drill. Now the last part of successful putting is speed control.

Over the years I've seen a lot of systems that try and help golfers with speed control but I think the best system to help you control speed control is between your ears and here's how to use this.

When you're standing behind your putt and you're using creative visualization to see a track running from your ball to the hole then, after

you've done that, imagine your ball rolling towards the hole. **But here is the important distinction...**

When you see in your minds eye your ball rolling towards the hole along the line you've chosen, I want you to do so at the REAL speed it will travel.

So if you have a fast 40 foot putt then the ball will travel very slowly. It might be rolling for 5 or 6 seconds to get to the hole. So see in your minds eye your ball rolling at the speed you think it will roll at. Your visualization process should take 5 to 6 seconds.

This does take some self-discipline because often people will visualize there ball rolling into the hole but not do it at the speed the ball will actually roll at. And by doing that it won't help you with distance control.

So make a habit out of seeing your ball rolling at the speed you think it will when you actually stroke the putt and without even trying your speed control will improve.

Ok, let's recap what you should do to improve your putting quickly and easily...

1. Use creative visualization to help you read greens better.
2. Practice the drill I've given you to start the ball consistently on the line you want.
3. Imagine the ball rolling along the line you've visualized at the SPEED you think it needs to travel at to go in the hole.

If you do these 3 things you'll improve your putting straight away. But because I believe in over-delivering great value to you, I want to give you one quick and easy thing you can do to improve your confidence on the golf course.

### **Bonus Confidence Putting Tip**

There's no doubt about it... putting well has a lot to do with confidence. And to help you improve your confidence here's something really simple you can do.

No doubt you've heard about the putting tip of placing down a tee on the green and then putting to the tee instead of the hole. By doing that it helps your confidence because it's not a big deal if you miss a tee because it's only a tee and then the hole looks huge out on the golf course as well.

So it's a win/win type of drill.

Well, here's a way you can take that tip to the next level.

Instead of placing a tee in the green you can get a pin and place that in the green and putt to that. **To help you see the pin however, I suggest you paint the pin white.**

When you do this I suggest you putt to the pin anywhere from 2 feet to 7 feet. If you do this your confidence on short putts will be increased so make sure you set the time aside to do this.

## Conclusion

This was a short report to help you get started straight away with improving your putting. Once you've done that by using these suggestions then start following the weekly plan in The Putting Game Improvement Program. And remember, to ask me any questions. I'm here to help you improve your golf game.

For Consistent Golf,

A handwritten signature in black ink that reads "Jeff Richmond". The signature is written in a cursive, flowing style.

Jeff Richmond  
Director of Instruction,  
ConsistentGolf™